

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Total													
Injury and Violence													
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet		97.7	95.9							93.5	92.6	Yes	No
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else		28.9	29.1							7.0	7.5	Yes	No
Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol		38.5	38.0							28.6	28.5	Yes	No
Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol		14.1	13.8							11.3	10.0	Yes	No
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days		22.4	20.9							14.3	15.5	Yes	No
Percentage of students who carried a gun on one or more of the past 30 days		9.3	7.2							4.5	6.1	Yes	Yes
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days		10.2	8.9							3.7	4.2	Yes	No

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Total													
Injury and Violence													
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school		6.5	5.8						4.6	5.7		No	Yes
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months		8.0	8.6						7.8	7.8		No	No
Percentage of students who were in a physical fight one or more times during the past 12 months		42.7	38.1						33.9	31.3		Yes	No
Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse		5.0	4.8						4.8	3.9		No	No
Percentage of students who were in a physical fight on school property one or more times during the past 12 months		17.9	16.1						11.3	9.7		Yes	No
Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months									10.3	12.8		No	
Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to									8.0	9.0		No	

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**Illinois High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Total													
Injury and Violence													
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months									26.5	27.2		No	
Percentage of students who seriously considered attempting suicide during the past 12 months		25.0	23.9						12.9	14.9		Yes	No
Percentage of students who made a plan about how they would attempt suicide during the past 12 months		18.5	17.4						9.2	11.6		Yes	No
Percentage of students who actually attempted suicide one or more times during the past 12 months		9.8	9.5						6.8	8.0		Yes	No
Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse		3.0	2.8						2.0	2.5		Yes	No

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009				
Total														
Tobacco Use														
Percentage of students who ever tried cigarette smoking, even one or two puffs		67.9	70.4						51.8	50.9			Yes	No
Percentage of students who smoked a whole cigarette for the first time before age 13 years		25.0	25.3						13.4	12.1			Yes	No
Percentage of students who smoked cigarettes on one or more of the past 30 days		29.1	35.7						19.9	19.2			Yes	Yes
Percentage of students who smoked cigarettes on 20 or more of the past 30 days		13.7	17.2						9.3	8.5			Yes	Yes
Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days		18.4	19.3						11.8	12.8			Yes	No
Among students who were less than 18 years of age and who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days									13.9	17.0			No	
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days		11.5	15.8						6.1	5.7			Yes	Yes
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days									13.7	12.8			No	
Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months									60.0	44.8			Yes	

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Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Total													
Tobacco Use													
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days			7.6						4.9	8.8	No	Yes	
Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days			4.0						2.4	5.0	No	Yes	
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days									13.3	14.1	No		
Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days									25.3	25.5	No		

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Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Total													
Alcohol and Other Drug Use													
Percentage of students who had at least one drink of alcohol on one or more days during their life		78.0	78.2						74.1	71.1		Yes	No
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years		31.0	35.2						23.3	20.2		Yes	Yes
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days		47.2	47.5						43.7	40.1		Yes	No
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days		28.2	29.7						28.0	25.8		No	No
Among students who reported current alcohol use, the percentage who usually got the alcohol they drank from someone who gave it to them during the past 30 days									40.9	32.4		Yes	
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days		5.0	4.2						5.5	3.7		No	No
Percentage of students who used marijuana one or more times during their life		27.9	40.2						38.6	38.4		Yes	Yes
Percentage of students who tried marijuana for the first time before age 13 years		6.2	7.2						8.7	8.3		Yes	No
Percentage of students who used marijuana one or more times during the past 30 days		14.4	24.8						20.3	20.7		No	Yes

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Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009				
Total														
Alcohol and Other Drug Use														
Percentage of students who used marijuana on school property one or more times during the past 30 days		4.4	8.0						4.2	4.3		Yes	No	
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life		4.7	6.7						6.7	6.7		No	No	
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days		2.4	2.8						3.1	3.0		No	No	
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life			20.3						11.8	11.7		Yes	No	
Percentage of students who used heroin one or more times during their life									2.5	2.5		No		
Percentage of students who used methamphetamines one or more times during their life									3.6	3.6		No		
Percentage of students who used ecstasy one or more times during their life									5.9	7.3		No		
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life		3.1	2.8						3.0	2.5		No	No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Total													
Alcohol and Other Drug Use													
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life			1.9						1.9	2.4		No	No
Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months		18.5	31.4						21.2	26.0		No	Yes

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Total													
Sexual Behaviors													
Percentage of students who ever had sexual intercourse		54.7	48.4						50.1	47.5		No	No
Percentage of students who had sexual intercourse for the first time before age 13 years		10.7	9.4						6.7	5.4		Yes	No
Percentage of students who had sexual intercourse with four or more people during their life		19.3	16.3						15.8	14.0		No	No
Percentage of students who had sexual intercourse with one or more people during the past three months		40.0	34.0						37.4	35.9		No	No
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse		20.9	23.6						22.0	21.5		No	No
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse		57.8	60.1						64.8	62.9		Yes	No
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse		16.7	15.6						17.6	22.9		Yes	No
Percentage of students who had ever been taught in school about AIDS or HIV infection		87.9	91.7						90.6	87.7		No	Yes

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009				
Total														
Weight Management and Dietary Behaviors														
Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**									15.7	14.4		No		
Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex)**									12.9	11.4		No		
Percentage of students who described themselves as slightly or very overweight		33.4	27.7						29.6	25.3		Yes	No	
Percentage of students who were trying to lose weight		42.5	40.9						47.3	44.2		Yes	No	
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days			50.6						63.0	61.5		Yes	No	
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days									41.9	38.0		Yes		
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days									11.7	9.4		No		
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days									5.3	5.3		No		

**Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Total													
Weight Management and Dietary Behaviors													
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days			5.3							5.2	5.2	No	No
Percentage of students who drank 100% fruit juices one or more times during the past seven days										80.7	77.3	No	
Percentage of students who ate fruit one or more times during the past seven days										86.7	85.9	No	
Percentage of students who ate green salad one or more times during the past seven days										61.9	60.0	No	
Percentage of students who ate potatoes one or more times during the past seven days										68.3	69.6	No	
Percentage of students who ate carrots one or more times during the past seven days										47.5	45.9	No	
Percentage of students who ate other vegetables one or more times during the past seven days										81.2	80.4	No	
Percentage of students who ate fruits and vegetables five or more times per day during the past seven days										21.1	17.7	Yes	
Percentage of students who ate fruits two or more times per day during the past seven days										32.6	29.3	No	
Percentage of students who ate vegetables three or more times per day during the past seven days										13.2	11.7	No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Total													
Weight Management and Dietary Behaviors													
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days										33.7	31.5	No	
Percentage of students who drank three or more glasses per day of milk during the past seven days										15.1	14.0	No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Total													
Physical Activity													
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days									43.5	47.2		No	
Percentage of students who watched three or more hours per day of TV on an average school day									35.0	33.9		No	
Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day									23.8	23.8		No	
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school		76.0	79.6						75.3	86.8		No	No
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school		69.4	64.4						47.3	73.8		No	Yes
Percentage of students who played on one or more sports teams during the past 12 months									58.0	60.3		No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Total													
Other													
Percentage of students who had ever been told by a doctor or nurse that they had asthma									20.0	22.0		No	
Percentage of students who had been told by a doctor or nurse that they had asthma and who still have asthma									10.6	10.1		No	

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Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009				
Male														
Injury and Violence														
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet		97.3	95.6						93.4	93.3		Yes	No	
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else		34.5	35.8						8.7	10.7		Yes	No	
Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol		38.6	37.9						25.9	28.8		Yes	No	
Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol		18.4	18.0						12.8	12.5		Yes	No	
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days		33.4	32.7						21.7	25.0		Yes	No	
Percentage of students who carried a gun on one or more of the past 30 days		16.0	12.2						7.5	11.0		Yes	Yes	
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days		14.3	13.8						4.7	6.9		Yes	No	
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school		6.7	6.4						5.0	5.8		No	No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Male													
Injury and Violence													
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months		10.2	11.0						9.8	9.5		No	No
Percentage of students who were in a physical fight one or more times during the past 12 months		52.0	47.5						39.8	39.6		Yes	No
Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse		6.7	5.8						6.0	4.8		No	No
Percentage of students who were in a physical fight on school property one or more times during the past 12 months		24.7	23.4						13.2	12.8		Yes	No
Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months									12.0	12.9		No	
Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to									6.7	6.7		No	
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months									18.2	22.6		Yes	
Percentage of students who seriously considered attempting suicide during the past 12 months		19.2	18.3						8.9	11.6		Yes	No

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**Illinois High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Male													
Injury and Violence													
Percentage of students who made a plan about how they would attempt suicide during the past 12 months		13.7	13.7						7.4	9.8	Yes	No	
Percentage of students who actually attempted suicide one or more times during the past 12 months		7.1	6.4						4.8	7.4	No	No	
Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse		2.4	2.0						1.7	2.1	No	No	

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Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009				
Male														
Tobacco Use														
Percentage of students who ever tried cigarette smoking, even one or two puffs		68.7	70.5							50.1	52.7	Yes	No	
Percentage of students who smoked a whole cigarette for the first time before age 13 years		28.2	31.2							13.1	14.6	Yes	No	
Percentage of students who smoked cigarettes on one or more of the past 30 days		29.8	35.8							18.1	22.7	Yes	No	
Percentage of students who smoked cigarettes on 20 or more of the past 30 days		13.8	18.8							8.9	10.8	Yes	No	
Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days		19.6	26.5							18.2	15.3	No	Yes	
Among students who were less than 18 years of age and who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days										21.3	21.4	No		
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days		12.6	17.4							5.5	6.9	Yes	No	
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days										11.8	15.5	No		
Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months										58.1	41.4	Yes		

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Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Male													
Tobacco Use													
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days			14.3						8.2	14.3	No	Yes	
Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days			7.6						3.9	8.5	No	Yes	
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days									18.0	20.5	No		
Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days									26.9	32.5	No		

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Question	Prevalence Survey Year											Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009				
Male														
Alcohol and Other Drug Use														
Percentage of students who had at least one drink of alcohol on one or more days during their life		78.8	76.9						70.7	69.3		Yes	No	
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years		39.4	41.4						25.2	24.1		Yes	No	
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days		49.3	48.3						40.6	41.0		Yes	No	
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days		32.0	32.5						24.7	27.6		Yes	No	
Among students who reported current alcohol use, the percentage who usually got the alcohol they drank from someone who gave it to them during the past 30 days									36.3	23.7		Yes		
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days		5.9	5.9						6.3	4.6		No	No	
Percentage of students who used marijuana one or more times during their life		31.6	44.4						39.6	42.4		Yes	No	
Percentage of students who tried marijuana for the first time before age 13 years		8.7	10.3						9.8	10.8		No	No	
Percentage of students who used marijuana one or more times during the past 30 days		17.5	28.4						22.0	22.3		No	Yes	

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009				
Male														
Alcohol and Other Drug Use														
Percentage of students who used marijuana on school property one or more times during the past 30 days		6.4	10.2							5.5	6.0	No	No	
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life		6.4	7.9							7.6	8.1	No	No	
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days		3.8	3.4							4.1	4.1	No	No	
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life				22.2						11.6	11.8	Yes	No	
Percentage of students who used heroin one or more times during their life										4.0	3.4	No		
Percentage of students who used methamphetamines one or more times during their life										4.8	3.8	No		
Percentage of students who used ecstasy one or more times during their life										6.7	9.2	No		
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life		5.0	4.3							4.2	3.6	No	No	

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Male													
Alcohol and Other Drug Use													
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life			3.0						2.5	2.6	No	No	
Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months		23.0	37.7						24.3	31.0	No	No	

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Male													
Sexual Behaviors													
Percentage of students who ever had sexual intercourse		59.7	51.0						51.6	50.9		No	No
Percentage of students who had sexual intercourse for the first time before age 13 years		18.1	13.7						10.6	7.4		Yes	No
Percentage of students who had sexual intercourse with four or more people during their life		25.3	21.4						18.9	16.6		Yes	No
Percentage of students who had sexual intercourse with one or more people during the past three months		42.0	34.6						35.2	35.9		No	No
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse		26.0	33.1						24.9	26.1		No	No
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse		67.3	68.1						73.3	67.7		No	No
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse		10.4	14.9						13.0	21.4		Yes	No
Percentage of students who had ever been taught in school about AIDS or HIV infection		87.2	91.4						89.4	84.7		No	Yes

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009				
Male														
Weight Management and Dietary Behaviors														
Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**										15.5	16.4	No		
Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex)**										15.9	14.0	No		
Percentage of students who described themselves as slightly or very overweight		23.3	19.7							22.1	21.6	No	No	
Percentage of students who were trying to lose weight		23.8	24.0							30.8	29.6	Yes	No	
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days			38.9							53.7	55.4	Yes	No	
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days										29.0	27.1	No		
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days										7.6	6.5	No		
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days										5.0	4.7	No		

**Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009				
Male														
Weight Management and Dietary Behaviors														
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days			2.8							3.2	3.8	No	No	
Percentage of students who drank 100% fruit juices one or more times during the past seven days										79.5	76.4	No		
Percentage of students who ate fruit one or more times during the past seven days										84.9	83.4	No		
Percentage of students who ate green salad one or more times during the past seven days										54.8	54.6	No		
Percentage of students who ate potatoes one or more times during the past seven days										68.8	70.1	No		
Percentage of students who ate carrots one or more times during the past seven days										46.7	45.5	No		
Percentage of students who ate other vegetables one or more times during the past seven days										79.0	77.7	No		
Percentage of students who ate fruits and vegetables five or more times per day during the past seven days										23.8	16.9	Yes		
Percentage of students who ate fruits two or more times per day during the past seven days										33.7	29.7	No		
Percentage of students who ate vegetables three or more times per day during the past seven days										14.6	12.6	No		

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Male													
Weight Management and Dietary Behaviors													
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days										39.3	36.5	No	
Percentage of students who drank three or more glasses per day of milk during the past seven days										19.8	18.3	No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Male													
Physical Activity													
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days									54.3	54.4		No	
Percentage of students who watched three or more hours per day of TV on an average school day									37.3	35.8		No	
Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day									28.7	27.2		No	
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school		77.7	80.1						78.1	86.7		No	No
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school		69.7	65.2						49.6	72.8		No	Yes
Percentage of students who played on one or more sports teams during the past 12 months									64.7	63.4		No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Male													
Other													
Percentage of students who had ever been told by a doctor or nurse that they had asthma									19.2	22.8		No	
Percentage of students who had been told by a doctor or nurse that they had asthma and who still have asthma									7.5	8.5		No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Female													
Injury and Violence													
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet		98.4	96.2						93.6	91.7	Yes	No	
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else		23.2	22.6						5.3	4.1	Yes	No	
Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol		38.4	38.1						31.4	28.1	Yes	No	
Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol		10.0	9.6						9.9	7.4	No	No	
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days		11.5	9.3						6.8	5.6	Yes	No	
Percentage of students who carried a gun on one or more of the past 30 days		2.7	2.2						1.5	1.1	Yes	No	
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days		6.0	4.1						2.8	1.5	Yes	No	
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school		6.2	5.3						4.3	5.6	No	Yes	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Female													
Injury and Violence													
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months		5.8	6.2						5.8	5.9		No	No
Percentage of students who were in a physical fight one or more times during the past 12 months		33.5	29.0						28.1	22.8		Yes	No
Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse		3.3	4.0						3.7	2.8		No	No
Percentage of students who were in a physical fight on school property one or more times during the past 12 months		11.2	9.0						9.5	6.4		Yes	No
Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months									8.6	12.5		Yes	
Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to									9.4	11.2		No	
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months									34.7	32.0		No	
Percentage of students who seriously considered attempting suicide during the past 12 months		30.8	29.4						17.0	18.2		Yes	No

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Female													
Injury and Violence													
Percentage of students who made a plan about how they would attempt suicide during the past 12 months		23.4	20.9						10.9	13.5	Yes	No	
Percentage of students who actually attempted suicide one or more times during the past 12 months		12.4	12.6						8.6	8.5	Yes	No	
Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse		3.6	3.6						2.2	2.9	No	No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Female													
Tobacco Use													
Percentage of students who ever tried cigarette smoking, even one or two puffs		67.2	70.4						53.7	48.9		Yes	No
Percentage of students who smoked a whole cigarette for the first time before age 13 years		21.8	19.4						13.5	9.5		Yes	No
Percentage of students who smoked cigarettes on one or more of the past 30 days		28.6	35.6						21.8	15.4		Yes	Yes
Percentage of students who smoked cigarettes on 20 or more of the past 30 days		13.5	15.6						9.9	6.0		Yes	Yes
Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days		17.2	12.1						6.4	8.2		Yes	No
Among students who were less than 18 years of age and who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days									8.1	10.1		No	
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days		10.5	14.3						6.7	4.3		Yes	Yes
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days									15.8	9.9		Yes	
Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months									61.5	50.7		No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Female													
Tobacco Use													
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days			1.1						1.7	3.0	No	No	
Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days			0.4						0.9	1.3	No	No	
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days									8.6	7.3	No		
Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days									24.0	18.2	Yes		

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Female													
Alcohol and Other Drug Use													
Percentage of students who had at least one drink of alcohol on one or more days during their life		77.6	79.4						77.6	73.0		No	Yes
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years		22.7	29.0						21.5	16.2		Yes	Yes
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days		45.3	46.8						46.6	39.2		No	Yes
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days		24.6	26.8						31.4	23.9		No	Yes
Among students who reported current alcohol use, the percentage who usually got the alcohol they drank from someone who gave it to them during the past 30 days									44.8	41.7		No	
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days		4.1	2.6						4.5	2.8		No	No
Percentage of students who used marijuana one or more times during their life		24.3	36.2						37.7	34.2		Yes	Yes
Percentage of students who tried marijuana for the first time before age 13 years		3.6	4.2						7.6	5.8		Yes	No
Percentage of students who used marijuana one or more times during the past 30 days		11.4	21.2						18.7	18.9		No	Yes

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year											Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009				
Female														
Alcohol and Other Drug Use														
Percentage of students who used marijuana on school property one or more times during the past 30 days		2.4	5.8						3.0	2.5		No	Yes	
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life		2.9	5.6						5.8	5.1		No	Yes	
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days		1.0	2.2						2.2	1.8		No	No	
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life			18.4						12.1	11.5		Yes	No	
Percentage of students who used heroin one or more times during their life									1.0	1.5		No		
Percentage of students who used methamphetamines one or more times during their life									2.4	3.2		No		
Percentage of students who used ecstasy one or more times during their life									5.0	5.1		No		
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life		1.3	1.2						1.7	1.3		No	No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Female													
Alcohol and Other Drug Use													
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life			0.8						1.3	2.1	No	No	
Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months		14.1	25.2						18.1	20.8	No	Yes	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Female													
Sexual Behaviors													
Percentage of students who ever had sexual intercourse		49.9	46.0						48.8	44.1		No	No
Percentage of students who had sexual intercourse for the first time before age 13 years		3.4	5.2						2.8	3.3		No	No
Percentage of students who had sexual intercourse with four or more people during their life		13.5	11.4						12.7	11.4		No	No
Percentage of students who had sexual intercourse with one or more people during the past three months		38.0	33.5						39.8	35.9		No	No
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse		15.4	14.2						19.7	17.0		No	No
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse		48.0	52.3						57.5	58.1		Yes	No
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse		23.4	16.4						21.6	24.3		No	No
Percentage of students who had ever been taught in school about AIDS or HIV infection		88.7	92.1						91.8	90.9		No	No

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Female													
Weight Management and Dietary Behaviors													
Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**										15.8	12.2	No	
Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex)**										9.9	8.6	No	
Percentage of students who described themselves as slightly or very overweight		43.6	35.6							37.2	29.1	Yes	No
Percentage of students who were trying to lose weight		61.2	57.7							63.7	59.3	No	No
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days			62.1							72.4	67.9	Yes	Yes
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days										55.0	49.4	Yes	
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days										15.9	12.4	No	
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days										5.6	5.9	No	

**Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Female													
Weight Management and Dietary Behaviors													
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days			7.7						7.4	6.7	No	No	
Percentage of students who drank 100% fruit juices one or more times during the past seven days									82.1	78.3	No		
Percentage of students who ate fruit one or more times during the past seven days									88.7	88.5	No		
Percentage of students who ate green salad one or more times during the past seven days									69.4	65.6	No		
Percentage of students who ate potatoes one or more times during the past seven days									67.6	69.1	No		
Percentage of students who ate carrots one or more times during the past seven days									48.2	46.3	No		
Percentage of students who ate other vegetables one or more times during the past seven days									83.3	83.2	No		
Percentage of students who ate fruits and vegetables five or more times per day during the past seven days									18.5	18.4	No		
Percentage of students who ate fruits two or more times per day during the past seven days									31.5	28.8	No		
Percentage of students who ate vegetables three or more times per day during the past seven days									11.8	10.7	No		

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Female													
Weight Management and Dietary Behaviors													
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days									28.3	26.3		No	
Percentage of students who drank three or more glasses per day of milk during the past seven days									10.3	9.4		No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Female													
Physical Activity													
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days									32.8	39.8		Yes	
Percentage of students who watched three or more hours per day of TV on an average school day									32.8	31.9		No	
Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day									18.9	20.4		No	
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school		74.4	79.0						72.6	86.9		No	No
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school		69.0	63.7						45.0	75.0		No	Yes
Percentage of students who played on one or more sports teams during the past 12 months									51.4	57.2		No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Female													
Other													
Percentage of students who had ever been told by a doctor or nurse that they had asthma										20.6	21.2	No	
Percentage of students who had been told by a doctor or nurse that they had asthma and who still have asthma										13.4	11.8	No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
White*													
Injury and Violence													
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet		98.5	96.3						92.4	92.5	Yes	No	
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else		24.4	22.1						5.5	6.9	Yes	No	
Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol		39.6	39.0						27.4	27.0	Yes	No	
Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol		16.8	16.7						13.2	10.7	Yes	No	
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days		20.3	18.8						13.4	15.9	Yes	No	
Percentage of students who carried a gun on one or more of the past 30 days		8.3	5.3						3.6	6.2	Yes	Yes	
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days		9.4	7.6						2.4	4.2	Yes	No	
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school		3.7	3.3						2.6	4.0	No	No	

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
White*													
Injury and Violence													
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months		6.1	6.8						5.9	6.7		No	No
Percentage of students who were in a physical fight one or more times during the past 12 months		41.9	36.5						29.0	29.4		Yes	No
Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse		4.1	3.3						4.1	3.2		No	No
Percentage of students who were in a physical fight on school property one or more times during the past 12 months		17.3	14.0						7.6	8.3		Yes	No
Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months									8.7	11.4		No	
Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to									7.0	8.0		No	
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months									24.8	26.2		No	
Percentage of students who seriously considered attempting suicide during the past 12 months		26.9	25.6						12.1	14.5		Yes	No

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
White*													
Injury and Violence													
Percentage of students who made a plan about how they would attempt suicide during the past 12 months		19.3	17.9						8.4	10.3	Yes	No	
Percentage of students who actually attempted suicide one or more times during the past 12 months		9.0	8.2						4.5	6.1	Yes	No	
Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse		2.3	2.0						1.1	2.0	No	No	

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
White*													
Tobacco Use													
Percentage of students who ever tried cigarette smoking, even one or two puffs		69.4	73.3						49.9	49.3		Yes	No
Percentage of students who smoked a whole cigarette for the first time before age 13 years		26.6	27.6						12.6	10.8		Yes	No
Percentage of students who smoked cigarettes on one or more of the past 30 days		33.7	43.4						24.1	20.7		Yes	Yes
Percentage of students who smoked cigarettes on 20 or more of the past 30 days		18.2	23.3						12.6	10.2		Yes	Yes
Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days		22.0	22.3						13.6	13.7		Yes	No
Among students who were less than 18 years of age and who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days									13.6	16.7		No	
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days		14.2	19.5						7.6	6.1		Yes	Yes
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days									17.6	15.2		No	
Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months									61.2	45.2		Yes	

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
White*													
Tobacco Use													
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days			10.2						6.6	9.5	No	No	
Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days			5.2						2.9	5.0	No	Yes	
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days									14.9	13.6	No		
Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days									30.7	26.8	No		

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
White*													
Alcohol and Other Drug Use													
Percentage of students who had at least one drink of alcohol on one or more days during their life		80.5	83.8						76.5	71.9		Yes	Yes
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years		32.1	34.3						21.3	17.9		Yes	Yes
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days		50.0	53.5						47.8	43.0		Yes	No
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days		32.9	35.9						33.6	28.4		No	Yes
Among students who reported current alcohol use, the percentage who usually got the alcohol they drank from someone who gave it to them during the past 30 days									40.3	32.2		No	
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days		4.0	2.9						5.2	3.0		No	No
Percentage of students who used marijuana one or more times during their life		27.3	40.9						36.2	36.8		No	Yes
Percentage of students who tried marijuana for the first time before age 13 years		5.7	5.7						7.2	6.4		No	No
Percentage of students who used marijuana one or more times during the past 30 days		13.5	25.3						21.3	19.9		No	Yes

*Non-Hispanic.

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Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
White*													
Alcohol and Other Drug Use													
Percentage of students who used marijuana on school property one or more times during the past 30 days		3.8	7.6						3.6	3.3		No	Yes
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life		4.9	7.3						7.7	5.7		No	Yes
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days		2.3	2.9						3.5	2.3		No	No
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life			23.9						13.3	12.0		Yes	No
Percentage of students who used heroin one or more times during their life									2.4	1.7		No	
Percentage of students who used methamphetamines one or more times during their life									4.3	3.5		No	
Percentage of students who used ecstasy one or more times during their life									7.0	6.8		No	
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life		3.4	2.6						3.0	2.2		No	No

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
White*													
Alcohol and Other Drug Use													
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life			1.4						1.8	1.4		No	No
Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months		19.8	32.4						18.1	24.8		No	No

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
White*													
Sexual Behaviors													
Percentage of students who ever had sexual intercourse		49.0	43.2						43.6	44.6		No	No
Percentage of students who had sexual intercourse for the first time before age 13 years		6.2	4.5						2.9	3.6		Yes	No
Percentage of students who had sexual intercourse with four or more people during their life		14.5	11.7						12.0	12.4		No	No
Percentage of students who had sexual intercourse with one or more people during the past three months		36.5	32.0						33.9	34.4		No	No
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse		23.8	25.6						26.0	21.8		No	No
Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse		54.0	56.3						64.1	64.9		Yes	No
Among students who had sexual intercourse during the past three months, the percentage who used birth control pills to prevent pregnancy before last sexual intercourse		19.2	20.6						24.0	28.3		Yes	No
Percentage of students who had ever been taught in school about AIDS or HIV infection		90.2	94.5						93.3	90.2		No	Yes

*Non-Hispanic.

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Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
White*													
Weight Management and Dietary Behaviors													
Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**									14.1	13.0		No	
Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex)**									11.8	9.7		No	
Percentage of students who described themselves as slightly or very overweight		34.9	28.3						31.3	24.6		Yes	No
Percentage of students who were trying to lose weight		45.2	41.9						49.7	42.5		No	No
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days			52.7						64.3	61.1		Yes	No
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days									44.7	39.0		No	
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days									12.9	9.1		Yes	
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days									5.0	4.6		No	

*Non-Hispanic.

**Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
White*													
Weight Management and Dietary Behaviors													
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days			5.0							5.2	4.1	No	No
Percentage of students who drank 100% fruit juices one or more times during the past seven days										80.5	77.2	No	
Percentage of students who ate fruit one or more times during the past seven days										88.8	87.8	No	
Percentage of students who ate green salad one or more times during the past seven days										68.1	63.2	No	
Percentage of students who ate potatoes one or more times during the past seven days										75.2	74.0	No	
Percentage of students who ate carrots one or more times during the past seven days										53.0	48.6	No	
Percentage of students who ate other vegetables one or more times during the past seven days										85.6	82.4	No	
Percentage of students who ate fruits and vegetables five or more times per day during the past seven days										21.4	15.4	Yes	
Percentage of students who ate fruits two or more times per day during the past seven days										33.1	27.2	Yes	
Percentage of students who ate vegetables three or more times per day during the past seven days										12.8	10.1	No	

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
White*													
Weight Management and Dietary Behaviors													
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days										35.5	32.3	No	
Percentage of students who drank three or more glasses per day of milk during the past seven days										16.3	15.3	No	

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
White*													
Physical Activity													
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days									47.9	49.0		No	
Percentage of students who watched three or more hours per day of TV on an average school day									26.7	29.0		No	
Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day									22.6	22.1		No	
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school		73.7	77.6						77.1	87.3		Yes	No
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school		69.5	59.0						47.8	73.7		No	Yes
Percentage of students who played on one or more sports teams during the past 12 months									60.1	60.8		No	

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
White*													
Other													
Percentage of students who had ever been told by a doctor or nurse that they had asthma										19.7	20.5	No	
Percentage of students who had been told by a doctor or nurse that they had asthma and who still have asthma										10.9	9.5	No	

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Black*													
Injury and Violence													
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet		97.0	96.7						96.8	93.9		No	No
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else		41.9	41.8						10.5	9.6		Yes	No
Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol		38.0	36.0						30.3	29.8		Yes	No
Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol		7.8	7.0						6.1	4.6		No	No
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days		30.5	24.4						14.8	13.4		Yes	No
Percentage of students who carried a gun on one or more of the past 30 days		12.4	9.4						6.2	4.6		Yes	No
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days		13.0	8.8						6.4	2.7		Yes	No
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school		13.3	10.4						7.4	7.7		Yes	No

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Black*													
Injury and Violence													
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months		12.4	11.0						9.9	10.0		No	No
Percentage of students who were in a physical fight one or more times during the past 12 months		49.1	42.2						43.1	36.7		No	No
Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse			7.7	6.9					5.3	6.0		No	No
Percentage of students who were in a physical fight on school property one or more times during the past 12 months			19.5	20.2					16.7	13.5		Yes	No
Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months									16.3	17.9		No	
Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to									10.3	9.7		No	
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months									26.5	27.1		No	
Percentage of students who seriously considered attempting suicide during the past 12 months			18.7	17.5					12.8	16.1		No	No

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Black*													
Injury and Violence													
Percentage of students who made a plan about how they would attempt suicide during the past 12 months		15.4	13.9						7.8	14.9		No	Yes
Percentage of students who actually attempted suicide one or more times during the past 12 months		11.4	7.3						11.9	11.8		No	No
Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse		4.7	3.5						2.7	3.0		No	No

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Black*													
Tobacco Use													
Percentage of students who ever tried cigarette smoking, even one or two puffs		66.9	61.8						47.6	55.4	Yes	No	
Percentage of students who smoked a whole cigarette for the first time before age 13 years		21.9	18.2						11.6	14.0	Yes	No	
Percentage of students who smoked cigarettes on one or more of the past 30 days		14.8	14.5						8.0	11.9	No	No	
Percentage of students who smoked cigarettes on 20 or more of the past 30 days		1.9	2.0						3.4	2.6	No	No	
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days		3.4	4.5						2.4	4.1	No	No	
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days									6.1	4.8	No		
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days			3.2						1.0	3.0	No	No	
Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days			1.4						0.8	2.0	No	No	
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days									9.8	17.5	Yes		
Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days									11.8	22.6	Yes		

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Black*													
Alcohol and Other Drug Use													
Percentage of students who had at least one drink of alcohol on one or more days during their life		75.5	65.3						65.6	68.4	No	No	
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years		28.9	32.8						24.2	27.6	No	No	
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days		42.0	31.9						28.5	28.8	No	No	
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days		16.7	13.0						10.8	12.1	No	No	
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days		6.0	7.1						5.3	4.8	No	No	
Percentage of students who used marijuana one or more times during their life		31.7	39.5						43.9	46.1	Yes	No	
Percentage of students who tried marijuana for the first time before age 13 years		7.2	9.3						10.7	12.7	No	No	
Percentage of students who used marijuana one or more times during the past 30 days		18.1	25.0						21.1	22.9	No	No	
Percentage of students who used marijuana on school property one or more times during the past 30 days		5.3	7.1						5.3	5.4	No	No	
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life		2.4	1.5						2.0	2.1	No	No	

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Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Black*													
Alcohol and Other Drug Use													
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days		1.9	0.6						0.9	1.7		No	No
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life			9.5						6.1	6.7		No	No
Percentage of students who used heroin one or more times during their life									1.8	2.1		No	
Percentage of students who used methamphetamines one or more times during their life									2.0	0.2		No	
Percentage of students who used ecstasy one or more times during their life									1.9	4.4		Yes	
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life		1.8	1.9						2.3	0.9		No	No
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life			2.0						1.2	1.0		No	No
Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months		13.4	23.5						22.1	34.7		Yes	No

*Non-Hispanic.

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Black*													
Sexual Behaviors													
Percentage of students who ever had sexual intercourse		82.2	70.9						69.6	58.5		Yes	No
Percentage of students who had sexual intercourse for the first time before age 13 years		29.1	27.4						19.3	15.2		Yes	No
Percentage of students who had sexual intercourse with four or more people during their life		39.1	36.9						31.6	20.1		Yes	No
Percentage of students who had sexual intercourse with one or more people during the past three months		59.6	47.4						52.0	42.3		No	No
Percentage of students who had ever been taught in school about AIDS or HIV infection		86.5	87.3						89.1	81.8		No	No

*Non-Hispanic.

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Question	Prevalence Survey Year											Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009				
Black*														
Weight Management and Dietary Behaviors														
Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**										19.0	20.2	No		
Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex)**										15.2	20.5	No		
Percentage of students who described themselves as slightly or very overweight		28.3	23.4							20.2	24.7	No	No	
Percentage of students who were trying to lose weight		31.4	31.9							35.1	47.5	Yes	Yes	
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days			42.8							55.2	60.8	Yes	No	
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days										30.4	33.8	No		
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days										8.1	9.9	No		
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days										5.3	6.8	No		

*Non-Hispanic.

**Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

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	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Black*													
Weight Management and Dietary Behaviors													
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days			4.7							5.2	7.8	No	No
Percentage of students who drank 100% fruit juices one or more times during the past seven days										81.2	75.0	No	
Percentage of students who ate fruit one or more times during the past seven days										77.7	76.0	No	
Percentage of students who ate green salad one or more times during the past seven days										49.4	47.8	No	
Percentage of students who ate potatoes one or more times during the past seven days										54.9	61.1	No	
Percentage of students who ate carrots one or more times during the past seven days										26.8	29.5	No	
Percentage of students who ate other vegetables one or more times during the past seven days										70.1	67.1	No	
Percentage of students who ate fruits and vegetables five or more times per day during the past seven days										17.7	21.4	No	
Percentage of students who ate fruits two or more times per day during the past seven days										30.7	33.9	No	
Percentage of students who ate vegetables three or more times per day during the past seven days										11.9	15.4	No	

*Non-Hispanic.

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Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Black*													
Weight Management and Dietary Behaviors													
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days									29.9	35.4		No	
Percentage of students who drank three or more glasses per day of milk during the past seven days									9.7	5.3		Yes	

*Non-Hispanic.

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**Illinois High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Black*													
Physical Activity													
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days									36.0	39.4		No	
Percentage of students who watched three or more hours per day of TV on an average school day									60.3	58.9		No	
Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day									25.4	30.3		No	
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school		77.0	80.9						65.7	84.2		No	No
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school		63.0	73.2						44.4	73.7		No	No
Percentage of students who played on one or more sports teams during the past 12 months									55.4	59.4		No	

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Black*													
Other													
Percentage of students who had ever been told by a doctor or nurse that they had asthma										23.2	29.9	No	
Percentage of students who had been told by a doctor or nurse that they had asthma and who still have asthma										12.3	13.6	No	

*Non-Hispanic.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Hispanic/Latino													
Injury and Violence													
Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet		93.9	96.9						95.7	91.9		No	No
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else		37.7	49.9						7.9	6.6		Yes	Yes
Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol		38.2	41.5						33.7	36.2		No	No
Percentage of students who drove a car or other vehicle one or more times during the past 30 days when they had been drinking alcohol		8.8	9.8						11.7	11.8		No	No
Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days		19.7	23.5						15.5	14.9		Yes	No
Percentage of students who carried a gun on one or more of the past 30 days		9.1	11.2						5.3	6.8		Yes	No
Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days		6.5	11.1						6.0	5.5		No	No
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school		13.1	11.5						8.1	8.7		Yes	No

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009				
Hispanic/Latino														
Injury and Violence														
Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months		10.6	10.7						11.5	9.5		No	No	
Percentage of students who were in a physical fight one or more times during the past 12 months		40.9	40.4						40.6	35.8		No	No	
Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse		6.5	9.2						6.4	3.8		No	No	
Percentage of students who were in a physical fight on school property one or more times during the past 12 months		20.0	16.9						18.5	12.6		No	No	
Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months									9.3	13.9		No		
Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to									10.3	11.8		No		
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months									30.7	29.3		No		
Percentage of students who seriously considered attempting suicide during the past 12 months		25.0	22.6						13.4	14.0		Yes	No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year											Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Hispanic/Latino													
Injury and Violence													
Percentage of students who made a plan about how they would attempt suicide during the past 12 months		19.4	14.6						11.5	12.9		Yes	No
Percentage of students who actually attempted suicide one or more times during the past 12 months		12.9	14.3						9.6	9.9		Yes	No
Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse		5.7	5.4						4.2	4.0		No	No

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year											Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009				
Hispanic/Latino														
Tobacco Use														
Percentage of students who ever tried cigarette smoking, even one or two puffs		70.2	75.7						64.7	56.5		Yes	Yes	
Percentage of students who smoked a whole cigarette for the first time before age 13 years		21.5	27.1						19.4	15.9		Yes	No	
Percentage of students who smoked cigarettes on one or more of the past 30 days		26.4	33.8						19.2	18.7		Yes	No	
Percentage of students who smoked cigarettes on 20 or more of the past 30 days		8.3	8.8						5.3	7.0		No	No	
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days		11.4	15.4						5.4	5.1		Yes	No	
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days									9.4	8.7		No		
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days			1.8						3.4	9.4		Yes	No	
Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days			1.3						2.3	6.3		Yes	Yes	
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days									12.2	15.1		No		
Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days									21.9	22.8		No		

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Hispanic/Latino													
Alcohol and Other Drug Use													
Percentage of students who had at least one drink of alcohol on one or more days during their life		76.9	79.0						78.7	75.3		No	No
Percentage of students who had their first drink of alcohol other than a few sips before age 13 years		31.5	42.5						28.6	25.1		Yes	No
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days		46.4	50.6						50.1	41.7		No	No
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days		24.7	30.4						29.8	28.0		No	No
Among students who reported current alcohol use, the percentage who usually got the alcohol they drank from someone who gave it to them during the past 30 days									42.4	31.0		No	
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days		8.3	6.7						7.2	6.0		No	No
Percentage of students who used marijuana one or more times during their life		28.2	42.0						45.3	41.2		Yes	Yes
Percentage of students who tried marijuana for the first time before age 13 years		6.5	10.5						12.4	14.6		Yes	No
Percentage of students who used marijuana one or more times during the past 30 days		13.2	24.0						19.3	23.0		No	No

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year											Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009				
Hispanic/Latino														
Alcohol and Other Drug Use														
Percentage of students who used marijuana on school property one or more times during the past 30 days		6.5	9.3						6.4	8.6		No	No	
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life		5.5	10.0						7.7	15.0		No	No	
Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days		2.3	3.8						4.5	6.7		No	No	
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life				19.1					11.0	12.2		Yes	No	
Percentage of students who used heroin one or more times during their life									3.9	4.4		No		
Percentage of students who used methamphetamines one or more times during their life									3.5	5.2		No		
Percentage of students who used ecstasy one or more times during their life									6.8	8.6		No		
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life		3.8	3.2						4.4	4.4		No	No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Hispanic/Latino													
Alcohol and Other Drug Use													
Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life			2.2						3.1	6.8	No	No	
Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months		20.7	36.6						33.5	25.9	No	Yes	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year											Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009				
Hispanic/Latino														
Sexual Behaviors														
Percentage of students who ever had sexual intercourse		52.8	46.0							58.2	53.0	No	No	
Percentage of students who had sexual intercourse for the first time before age 13 years		9.2	8.5							7.6	6.0	No	No	
Percentage of students who had sexual intercourse with four or more people during their life		18.0	11.0							14.7	15.5	No	No	
Percentage of students who had sexual intercourse with one or more people during the past three months		34.9	28.7							39.6	39.0	No	No	
Percentage of students who had ever been taught in school about AIDS or HIV infection		76.8	85.6							85.4	79.5	No	Yes	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Hispanic/Latino													
Weight Management and Dietary Behaviors													
Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**										19.7	18.0	No	
Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex)**										14.6	11.3	No	
Percentage of students who described themselves as slightly or very overweight		33.5	35.0							33.7	30.3	No	No
Percentage of students who were trying to lose weight		46.0	52.6							53.6	49.4	No	No
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days			56.0							66.3	66.1	Yes	No
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days										43.4	36.3	No	
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days										12.3	10.4	No	
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days										6.2	6.7	No	

**Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

Illinois High School Survey
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Hispanic/Latino													
Weight Management and Dietary Behaviors													
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days			5.6							6.0	6.6	No	No
Percentage of students who drank 100% fruit juices one or more times during the past seven days										81.8	80.2	No	
Percentage of students who ate fruit one or more times during the past seven days										89.1	83.9	Yes	
Percentage of students who ate green salad one or more times during the past seven days										53.5	58.2	No	
Percentage of students who ate potatoes one or more times during the past seven days										55.5	59.6	No	
Percentage of students who ate carrots one or more times during the past seven days										47.3	49.7	No	
Percentage of students who ate other vegetables one or more times during the past seven days										75.1	82.8	No	
Percentage of students who ate fruits and vegetables five or more times per day during the past seven days										20.7	24.1	No	
Percentage of students who ate fruits two or more times per day during the past seven days										30.8	33.5	No	
Percentage of students who ate vegetables three or more times per day during the past seven days										12.9	16.4	No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Hispanic/Latino													
Weight Management and Dietary Behaviors													
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days										33.0	26.1	No	
Percentage of students who drank three or more glasses per day of milk during the past seven days										15.6	15.0	No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Hispanic/Latino													
Physical Activity													
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days									32.1	44.6		No	
Percentage of students who watched three or more hours per day of TV on an average school day									39.0	34.0		No	
Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day									23.8	27.4		No	
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school		88.4	85.2						76.8	89.6		No	Yes
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school		79.3	74.0						44.9	77.5		Yes	Yes
Percentage of students who played on one or more sports teams during the past 12 months									52.8	59.8		No	

2009 YOUTH RISK BEHAVIOR SURVEY RESULTS

**Illinois High School Survey
Trend Analysis Report**

Question	Prevalence Survey Year										Linear Change	Quadratic Change	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009			
Hispanic/Latino													
Other													
Percentage of students who had ever been told by a doctor or nurse that they had asthma										16.4	19.5	No	
Percentage of students who had been told by a doctor or nurse that they had asthma and who still have asthma										5.8	8.8	No	